

WILDERNESS FIRST AID BASICS

Note: Philmont requires that a least one person, preferably two, (either an advisor or a youth participant) in each crew be currently certified in American Red Cross Wilderness First Aid or the equivalent.

Date: February 27th and 28th, 2010 - 8:00 a.m. to 5:00 p.m. **each day**
Location: Winnebago Council Boy Scouts of America Service Center
2929 Airport Blvd., Waterloo, IA 50703
(Use door on north side of building)
Cost: **\$60.00/person** — covers books and materials.

Topics to be covered:

- Types of Delayed-help Situations
- Emergency Action Steps
- Checking the scene, patient, and resources
- Contacting help
- Caring for the patient long term
- Patient assessment and Record
- Preventing Disease Transmission
- Prioritizing Care
- Treatment of injuries such as:
 1. Wounds
 2. Head and Spinal Injuries
 3. Extremity Injuries
 4. Abdominal Injuries
 5. Sudden Illnesses
 6. Major Bites and Stings
 7. Other types of backcountry miseries
- Carrying Out the Plan
- Deciding to Evacuate

Registration deadline is February 19th, 2010. Pre-registration required.

Class size will be limited to 16. (Youth must be at least 15 years old)

Lunch is on your own – bring a sack lunch, or plan to locate a restaurant.

No BSA uniform required - dress comfortably

There are no prerequisites for this course, but Red Cross Basic First Aid and CPR is strongly encouraged.

For further information contact: Ed Narigon, ednarigon@cfu.net or cell 319-239-5524, home 319-277-6255

Send the information below with your check payable to:

Winnebago Council BSA, 2929 Airport Blvd., Waterloo, IA 50703, attn: **Wilderness First Aid**

Name _____

Address _____

Phone _____ Alt Phone _____

E-Mail _____ Unit Type and Number _____